



Program Information

Lydia's House of Hope in Somersworth, NH is a yearlong residential program for homeless women and their children. We do not allow men in our program. Our program requires a 12 month commitment and helps empower women to be self-sufficient to accomplish tasks such as finding a job, enrolling in school, as well as life skills such as cooking, parenting, financial literacy and emotional regulation. *Our mandatory schedule is as follows:*

Daily 6:30am devotionals. Weekly programming on Mondays and Wednesdays from 7am to 3pm. House meeting and light programming on Fridays from 7am to 12.

Our resident's receive weekly counseling and work directly with a case manager to create individualized plans based on the needs of the woman and her children. We are a substance free facility and perform random drug screenings. If someone is struggling with substance abuse, we do require that they complete a 28 day program before applying, or provide proof of completion upon entrance into the program. We require that program applicants be highly motivated to change their life, willing to work with us to achieve their goals and be an active participant in their plan for the 12 months that they reside here and beyond.

Conditions of Acceptance

- Must be 18 years of age
- All electronics will be taken away for Phase 1 of the program. We reserve the right to access logins to these electronic devices as well as all online accounts while they are in or out of your possession
- We conduct supervised urine and breathalyzer screening at initial interview, acceptance intake and randomly throughout your stay in our program.
- No romantic relationships are to be actively pursued or continued during the duration of your stay in our program. The sole focus of your time here is personal and independent growth, as well as changing the life circumstances that brought you here.
- Women share a room with their children. Because of this, belongings that are allowed is limited and no storage is available.
- Current Domestic Disputes between the applicant and their spouse/partner, active restraining orders, or otherwise unsafe relationships does not disqualify someone from the program. It will though, require a thorough discussion before a decision is made to ensure that our home remains a safe space for the other women and children that reside here.
- Barbiturates, Benzodiazepines, Amphetamines, Opioids and narcotics, prescribed or not, are not allowed in the home and will result in an immediate denial of acceptance. If an applicant is on a maintenance substance, it will be discussed during the interview process.

Application Process:

- 1. Complete the application**
 - Staff will reach out to you within 2 business days of receipt. If staff is unable to reach you and after 30 days of receipt of your application, your application will be destroyed and you will need to reapply if you are still interested in the program.
- 2. Phone Screen**
 - Will discuss program and needs of applicant. From here it will be determined if the program is a fit, and will determine if an in person interview is the next step.
- 3. Face to Face Interview**
 - The last step of the process is a face to face interview. If the applicant lives far away or is unable to come in person, we require a video call such as Skype or Google Hangout. A monitored drug screen will be administered at this time.
- 4. Final Step**
 - The Case Managers and Executive Director will discuss if the applicant is a fit for the program. Unless otherwise discussed, the applicant will be alerted within 48 hours of the decision and will move forward with admission into the program. Please Note: If an applicant is accepted into the program, a drug screen will be administered at the time of Move In. If a drug screen is refused or if it is positive for non-allowed substances, the applicant will be asked to vacate the property immediately and the admission will not take place.